



THE CLUBHOUSE CHRONICLES

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Indy Lip Sync Battle

Circle City Clubhouse's spring fundraising event is approaching! Join us at the IN State Fair Grounds, April 6th to see our sponsored participants compete in a lip sync battle royal. Contestants will perform lip sync reeditions of their favorite songs with costume and pre-rehearsed choreography. There will also be commentary by a selected panel of judges. Tickets are \$100 which includes dinner and refreshments. Members are encouraged to sign up to help with day of volunteering positions. Members who are signed up for volunteer work will receive free entry into the event. For more information or to sign up to be a member volunteer please call the Clubhouse at 317-260-8058.

Event Details

Date: Thursday April 6, 2017

Location: Indiana State Fairgrounds; Farm Bureau Ins. Bldg.

Time: 6pm-10pm



CIRCLE CITY CLUBHOUSE MEMBER SPOTLIGHT : Meagan M.



Clubhouse Member Meagan M.

This month's member spotlight is Meagan McCarthy. She provided information about how she heard about the Clubhouse. I was at the Buckner place and was very scared. I wasn't taking my medication and wasn't talking to people. They told me that there was a place where I would fit in and not be afraid. I was terrified walking into CCCH but everyone was so nice and friendly so I began to feel peace. I love to do snack shop and be apart

of the kitchen team. I am a manager in the music business, MDM Productions. I especially like trying to help adults living with mental illness show case their musical talents. I love coming to Clubhouse because people are like me and they are fascinating. Please stop into the Circle City Clubhouse and say hi to this month's member spotlight.

UPCOMING SOCIAL EVENTS

⇒ Cracker Barrel Dinner Outing

Wednesday, March 8th, 2017

Time: 5:00pm—TBD

Cost: TBD

Staff: Danielle

⇒ Glow Golf

Tuesday, March 14th, 2017

Time: 5:00pm—7:00pm

Cost: \$8 for 3 rounds of mini golf

Staff: Jay

⇒ Gender Reveal Party @ the Clubhouse

Wednesday, March 22nd, 2017

Time: Lunch

Staff: Danielle

⇒ Outdoor Activities

Wednesday, March 22nd, 2017

Time: 5:00pm—7:00pm

Staff: Evan

⇒ NAMI v. IMPD

Saturday, March 25th, 2017

Time: Doors open @ 1pm, tip-off @ 2pm

Cost: \$10/ticket

Staff: Scott, Evan will be playing for NAMI

Executive Leadership Fellowship @ Fountain House NY with Jay- by Chuck

The Conference which I attended was a fellowship with two other Clubhouse Directors: Jill Horan from Wellspring Clubhouse in Pennsylvania and Johan Rydgaard from Stockholm Sweden. We spent two weeks in NY learning about leadership and what it takes to be a good Director of a Clubhouse.

The fellowship was a great learning opportunity. We spent some time talking about our own personal leadership styles. We also spent a lot of time learning about everything that goes into being a director of a Clubhouse. We learned things like fundraising strategies, supervising staff, understanding and managing finances, and working with our Board of Directors.

Something I would like to see happen at our Clubhouse (Circle City Clubhouse) is that we continue to grow and build on what we have so far. I think we have a great Clubhouse, but that we can continue to grow and develop in an intentional way in our professional presentation as a competent organization. I also would like to see us grow more in making sure that everyone in Indianapolis who needs a Clubhouse has access to one (ours).

The first thing we need to make sure of is that we are a high quality Clubhouse. Since we are in Indianapolis, we have access to state legislators and government officials who make decisions about how mental health is treated and how mental health services are funded. I think it is important that we provide a great example of what it means to have an organization that really values people with mental illness as equal contributors to society. I also think we want to be a supportive contributor of the Indiana Clubhouse Coalition, and support other Clubhouses in opening and becoming stronger.

There wasn't a lot of time for fun during the fellowship, they kept us pretty busy. We had sessions for all of the first weekend, and then for most of the day each weekday, but we found some time for fun in-between. I tried a few restaurants in Manhattan, went to a Comedy Club where a member of Saturday Night Live cast was performing, and saw a couple of theatre shows, over all it was a great learning experience and a bit of fun.

Changes to Lunch

On February 2nd it was discussed at House Meeting whether or not seconds for lunch would be changed from \$1 to \$2 dollars. It was unanimous that the cost would go up to the \$2 charge for a second helping of lunch. This change was made to help out with food costs at Clubhouse in order to keep our budget healthy. An additional reason for the price change was to promote healthier eating habits for our members. Overall this change in cost should promote Clubhouse's sustainability and encourage mindful eating habits.



Meet and Greet at the Indiana State House

Members present: Kevin Conwell, Amanda Anspach, Lance Washington, Joseph Moon, Timothy O'Donnell, Sevella Perry, Demar

Board Members: Harriett Rosen and Bob Walson

Staff: Scott Condes

Summary: Overall, this was a very successful day for mental health as a whole. Our 10AM meeting with Senator Greg Taylor had to be rescheduled for 1:30PM, as the Democratic Senators were in caucus during the morning.

We all went over the talking points in the van on the ride to the State House. We arrived just as it was starting at 9:30AM. Each member took it upon themselves, without prompting, to mingle throughout the crowd and introduce themselves as members of Circle City Clubhouse and engage in conversations. I was very proud of each one that took part, I cannot stress this enough. We were able to talk to multiple organizations, hand out our brochures, and talk about the Indy Lip Sync Battle fundraiser. We also handed out the "Save the Date" cards to those that were interested in the event.

We met with Greg Taylor at 1:30PM outside the Senate chambers. He was very cordial, and Sevella, Lance, and myself talked with him and his aid for approximately 10-15 minutes about the bills being considered.

Synopsis: We thanked him for his ongoing support of the Clubhouse Model, mental health as a whole, and more specifically his support for the SB 155 and SB231. He supports SB231 with no amendments. We spoke in detail about SB155 and although he supports exempting those with mental illness from the death penalty. He stated, "the current exclusionary language in the bill is too broad." He also stated, "he offered to the Senate Judiciary Committee that he and his staff would be willing to look it over and redraft it in order to make exclusionary language less ambiguous, resulting in less opposition."



Joseph, Timothy, Sevella, Scott, & Lance.

Joke of the Month

Q: Why do Purdue golfers only golf 14 holes?

A: Because they can't make it to the final 4.